



BRANCH REPORT

QC57 | Quebec

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President : René Grenier

1st Vice-president :
Micheline Lefrançois

2nd Vice-president :
Claude Larochelle

Secretary general :
Jean-Marc Demers

Director of Finance / Treasurer :
Roland Langevin

Newsletter Editor-in-chief
Diane Legros

Directors :
- Germain Boivin
- Guy Abel
- Gaston Simard
- Ghislain Lavoie
Saguenay-Lac-Saint-Jean
- Sylvie Harrison
Bas-St-Laurent-Gaspésie

Past President :
Jean-Marc Demers

Advisor :
- Serge Boisseau

President's message

Dear members,

I hope you are enjoying the summer season. We were more than present at the Annual Membership Meeting (AMM) in Gatineau in June. Our Branch, once again, distinguished itself. We received the Advocacy 2021 Branch Award and our Vice-President Micheline Lefrançois, received the Claude Edwards Individual Leadership Award! Congratulations to Micheline and congratulations to everyone at the Quebec Branch! Especially to the Board members and volunteers who have contributed, in a collective effort, to Advocacy. This adds to all our activities and makes our branch so dynamic and present among its members. Thanks to all of you!

On the same topic, we are currently brainstorming actions which we will have to take, along with our advocacy volunteers. At the Gatineau AAM, we had a meeting between all the Quebec branches and the national advocacy leadership to prepare a common plan for the next election -- how to effectively educate the candidates in the next provincial election. After all, health, drug costs and the development of a strategy for the well-being of seniors is also a provincial jurisdiction. A player that should not be neglected. Fall is already upon us, so it's best to be prepared.

Finally, I would like to note that our colleague James Nicholson completed his term as National Director. James received many thanks at the AMM. We would also like to acknowledge his contribution as president of the Quebec Branch, as a National Director and as a guest on our Boards of Directors throughout his term. A wise and pragmatic adviser, we will certainly continue to seek his enlightened advice on various subjects. We wish James and Denise a wonderful retirement!



Sincerely

René Grenier,
Quebec Branch President



Refer a member to Federal Retirees
for a chance to win terrific prizes.

Fill out a ballot at federalretirees.ca/mrd
for a chance to win.





THANK YOU – JAMES D. NICHOLSON, NATIONAL DIRECTOR



Our colleague James Nicholson completed his term as National Director. We would like to acknowledge his contribution as president of the Quebec Branch, as a National Director and as a guest on our Boards of Directors throughout his term. A wise and pragmatic advisor, we will certainly continue to seek his enlightened advice on various subjects. We wish him and Denise a wonderful retirement!

ANNUAL MEETING OF MEMBERS - OTTAWA - JUNE 21 TO 23, 2022

National Leadership Award Claude Edwards 2022



Micheline Lefrançois, 1st Vice-president

At the Annual Meeting of Members banquet, our Branch was awarded the National Advocacy Award for 2021.

At the same banquet, the 2022 Claude Edwards National Individual Leadership Award was won by and presented to Micheline Lefrançois, our 1st Vice-President. This award is given to a volunteer who demonstrates exceptional leadership.

Congratulations for all your efforts!
Congratulations to all the Branch volunteers !

National Advocacy Award 2021



*Micheline Lefrançois, 1st VP
René Grenier, President*

ME JEAN-MARC DEMERS LIEUTENANT GOVERNOR'S MEDALIST FOR OUTSTANDING MERIT

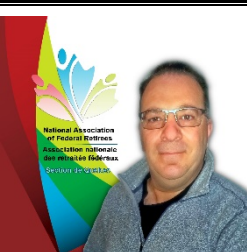


*Honourable J. Michel Doyon, Lieutenant
Governor and Me Jean-Marc Demers*

During the presentation of the Lieutenant-Governor's Medals held at Collège Saint-Charles-Garnier on May 30, the Honourable J. Michel Doyon presented the Gold Medal "for exceptional merit" to **me Jean-Marc Demers**, Secretary General of the Branch.

This gold medal is awarded by the Lieutenant Governor " in recognition of the outstanding achievements to an individual or organization. This medal is for the exclusive use of the Lieutenant Governor according to the values and causes he supports "
Congratulations Jean-Marc!

TWO NEW MEMBERS TO OUR BOARD OF DIRECTORS



*Richard Abel,
Director*

We are pleased to welcome two new members to our Board of Directors.

Guy Abel (left) was elected as Director. He is recently retired from Shared Services Canada.

Sylvie Harrison (right) of Matane was also elected as Director, Bas-Saint-Laurent-Gaspésie. She retired from Public Works and Government Services Canada in 2015.



*Sylvie Harrison, Director
Bas-Saint-Laurent-Gaspésie*

THANK YOU



*Pierre Landry and
René Grenier, President*



*Nicole Laveau and
René Grenier*



*Bruno Beaulieu and
René Grenier*



*John LeGarignon and
René Grenier*

The President thanks the directors who have completed their mandate, Pierre, Nicole, Bruno and John thank you very much for your contribution to the achievement and accomplishment of the mission of the Quebec Branch. They were given a certificate to recognize the excellence of their work. Our best thanks for your work and dedication.

VIATEUR BEAULIEU, AN EXEMPLARY VOLUNTEER



During the General Information Meeting at Matane, Viateur Beaulieu received a certificate of recognition for his involvement and exemplary dedication over the past 7 years for the development of the means of communication of the Branch to make it shine for all members of the Association. Congratulations Viateur!

Photo : René Grenier, Micheline Lefrançois and Viateur Beaulieu

TO OUR MEMBERS IN SAGUENAY-LAC-SAINT-JEAN



René Grenier, President

We all remember the tragedies in Saint-Jean-Vianney in 1971 and the flood in 1996. We sympathize with all the members and their families affected by the landslides in La Baie and recently in Chicoutimi. The fact that everyone is alive is a victory in itself. However, many have had their lives turned upside down. More than two hundred people had to leave their homes and other landslides are expected in the region.

We offer our solidarity to all of you who are affected by these landslides and to those who have had to leave their homes in catastrophe -- solidarity with the population at risk, solidarity with all those who are involved in the security or accommodation of those forced to move. If slides normally occur in spring, but these are much more significant and exceptional. It is a saga that will surely last for months. We send you our positive energies, hoping that you are all safe and sound.

** LOOKING FOR A VOLUNTEER – SECRETARY OF THE BOARD **

We are looking for a volunteer to serve as Secretary to the Board of Directors. The secretary assists the president in organizing the work of the Board, manages the agenda and minutes, and sends out materials with the assistance of our Office Coordinator and the Executive. We have four Board meetings per year.

In conjunction with the Executive and the President, he or she helps to set the annual agenda for the Board and committees, and liaises with the various committees as needed. This person will be paired with the current Secretary General in order to learn the workings of the Branch and be familiar with the issues. The Branch uses Word software, we also have a laptop if needed and we work on the cloud One Drive. Members of the Executive will be happy to assist the volunteer in all areas.

BREAKFASTS– QUEBEC BRANCH



Breakfasts are held on the last Wednesday of each month at the **Normandin restaurant, at 8:30 a.m.** at 986 Bouvier Street, Quebec, G2J 1A3, 418-627-1265. To stay informed, visit our website at the Social Activities tab Quebec Branch or our Facebook page.

BAS-SAINT-LAURENT-GASPÉSIE REPORT– Sylvie Harrisson, Director



On Thursday, May 26, 2022, the General Information Meeting took place at the Hotel Riotel, Matane with 25 participants. Conference by Marie Eve Belzile of the « Sûreté du Québec » on fraud against seniors and a 2nd conference by Maude Gosselin-Bouchard of Matane Legal Aid on incapacity mandates and protective régimes.

SAGUENAY-LAC-SAINT-JEAN REPORT - Ghislain Lavoie, Director



On Friday, May 20, 2022, the General Information Meeting was held at Delta Hotels Convention Centre Saguenay, Jonquièrre with 30 participants. Speaker Louise Rivard, Deputy Executive Director/Loisirs et partenariat FADOQ, gave a presentation on "Un cliché vaut mille mots". A successful meeting, members happy to meet.

Breakfast La Baie - The first Tuesday of each month at the Lucerne Restaurant, 1302 rue Bagot, La Baie at 9:00 am.

Breakfast Alma - The last Wednesday of each month, at the Pacini restaurant, 1000 boul. des Cascades, Alma at 9:00 am.

LET'S WELCOME UKRAINIAN REFUGEES!



Publication in the « Le Soleil » newspaper and the « Journal de Québec » on April 7 and 8, 2022. To help a Ukrainian person, I refer you to the Quebec City website: Supporting the arrival of immigrants. Several services are available including volunteering, material or financial donations, and the offer of employment and housing. Here are the links: -

- **Ville de Québec** : <https://www.ville.quebec.qc.ca/citoyens/immigrants/soutenir-ukraine/index.aspx>
- **Ville de Lévis** : Le Tremplin - organisme dédié à l'accueil des immigrants : <http://www.letremplinlevis.com/>

The Federal Retirees Quebec Branch warmly thanks you for your generosity and kindness to the Ukrainian community.



BRANCH OFFICE SCHEDULE 1:00 p.m to 4:00 p.m. Monday to Thursday

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